

SKIN HARMONICS

DERMAL REMODELING

the first medi-holistic resurfacing method

DERMAL NOURISHMENT

MALNOURISHMENT = Slowed epidermal renewal, general dullness, slowed correction of hyperpigmentation.

NOURISHMENT = Resurfaces all skin types, resolves acne, rosacea, hyperpigmentation, prevents & reverses the precursors for sun cancer, fortifies dermal mattress/slowing aging.

SOLUTION = Stop superficial serums & inefficient retinol creams! Instead use serums with non-inflammatory dermal delivery. Eat real whole unprocessed organic, local foods. Remember to laugh.

PROTECTION

UNPROTECTED = Accelerated dermal thinning / aging, increased sun vulnerability, chronic inflammation & anxiety.

PROTECTED = Preserved, calm, confident skin.

SOLUTION = Stop use of chemical peels, toners, astringents, daily exfoliation, injectables, retinol creams, microdermabrasion, all lasers, antibiotic creams! Begin using an oil rich moisturizer to rebuild the natural protective acid mantle. Use pure mineral SPF.

Deeply Vibrant
Soft . Plump . Dewey
Smooth . Joyful . Clear
Confident Skin

WATER

DEHYDRATION = Wrinkles, milia & blackheads, excess oil production, increased sun vulnerability, sluggish nutrient metabolism, hypersensitivity.

HYDRATION = Soft, plump, dewey skin. Deminishes fine lines, prevents wrinkles & congestion, normalizes oil production.

SOLUTION = Stop oil phobia! Layer an oil rich moisturizer over a hydrating mist & hydrating serum. Drink pure spring water.

DETOX

TOXIC = Problematic texture, obstructed circulation, stored long term congestion contributes to the formation of sun cancer precursors.

DETOX = Radically improves texture & circulation, prevents sun cancer precursors.

SOLUTION = Stop self-extractions, ineffective chemical peels, scrubbing! Begin expert extractions. Avoid chemical cleaning & yard supplies. Identify intestinal candida & food allergies. Practice compassion.